



# Super Fuel

**An Electrolyte, Energy & Recovery Formula**

**With Water Soluble B Vitamins and Amino Acids.**

**Getting injured is never fun,** nor does it have to be part of the game. Warming up with adequate stretching, training safely and proper nutrition are key factors in reducing your child's risk of injury. We know that stretching and flexibility are essential for athletes. We understand proper technique is paramount in preventing sprains, strains and injuries. However, the majority of parents forget how important proper hydration and nutrition can be to health and athletic performance.

There is no doubt that proper hydration and nutrition will help your child excel in sports. Fluids and nutrition are extremely important and will help your child recover faster and decrease his or her risk of injury. However, knowing what nutrients to consume and when to consume them is the key to offset fatigue, increase recovery, and provide sustained energy levels.

Pure Kidz has eliminated the nutritional guesswork with Super Fuel. Super Fuel was developed by parents for their young athletes. The formula is 100% natural, great tasting and ideal for pre and post physical activities. Super Fuel contains a balanced ratio of simple and complex carbohydrates for sustained energy levels. Super Fuel supplies energy producing B vitamins and key amino acids to make this an over all well rounded electrolyte, energy and recovery supplement.

**Pure Kidz Super Fuel is an Electrolyte, Energy, and Recovery Formula that:**

- **Can help increase endurance during exercise**
- **Expedites Post-Workout Muscle Recovery**
- **Contains a proprietary amino acid blend that helps offset fatigue and stress.**  
L-Glutamine helps with muscle tissue recovery. L-Arginine helps with muscle tissue injuries and repair. (2) L-Glycine may improve muscle growth and recovery. Taurine has been shown to boost immunity and provides neurotransmitter support.
- **Contains Malic Acid, which is able to boost the production of energy inside the muscle fibers.(3)**
- **Helps replace lost electrolytes**
- **Contains glucose and glucose polymers that can significantly delay the onset of fatigue and increase performance when consumed before and during physical activities.**



**To place an order call 800-601-6641**

**For more information visit our website**

**[www.Pure-Kidz.com](http://www.Pure-Kidz.com)**

(1) Banderet, LE, and Lieberman HR. Treatment with tyrosine, a neurotransmitter precursor, reduces environmental stress in humans. Brain Res Bull 22: 759-762, 1989.

(2) Albina JE, Mills CD, Barbul A, Thirkill CE, Henry WL Jr, Mastrofrancesco B, Caldwell MD. Arginine metabolism in wounds. American Journal of Physiology 1988;254:E459-E467.

(3) Janssen AJ, et al. Clin Chem. 2006 May;52(5):860-71

# Super Fuel



## Supplement Facts

Serving Size: 1 scoop (20.3 g)  
Servings Per Container: 30

	Amount Per Serving	% DV*
<b>Calories</b>	64	
<b>Sodium</b> (as Bicarbonate)	55 mg	2%
<b>Potassium</b> (as Carbonate and Phosphate)	300 mg	9%
<b>Total Carbohydrate</b>	16 g	4%
Sugars	8 g	
<b>Vitamin C</b> (as Calcium Ascorbate)	360 mg	600%
<b>Thiamine</b> (Vitamin B1)	1.5 mg	100%
<b>Niacinamide</b>	20 mg	100%
<b>Vitamin B12</b> (as Methylcobalamin)	6 mcg	100%
<b>Calcium</b> (as Calcium Ascorbate & Bisglycinate)	95 mg	10%
<b>Phosphorus</b> (as Potassium Phosphate)	40 mg	4%
<b>Magnesium</b> (as Magnesium Aspartate)	74 mg	19%
<b>Proprietary Blend:</b>	550 mg	†
L-Glutamine, L-Tyrosine, L-Arginine, Taurine, L-Glycine, Alpha Ketoglutaric Acid & Malic Acid		

† Daily Value not established

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.



**OTHER INGREDIENTS:** Maltodextrin, Fructose, Citric Acid, Natural Citrus Flavor & Stevia.

### Suggested Use

As a dietary supplement, take one scoop daily.  
Mix one scoop with 12 oz. of water and stir.

**To place an order call 800-601-6641**  
**For more information Visit our Website [www.Pure-Kidz.com](http://www.Pure-Kidz.com)**

Made in the USA. Manufactured for Pure Kidz • Phoenix, AZ 85040 • 800-798-0707

MicroLactin™ is a trademark of Stolle Milk Biologics, Inc. and is exclusively marketed in the U.S. by Humanetics Corp. U.S. Patent No. 5,650,175.